

Culinary Arts Course

The focus of this foods course is nutrition and developing healthy eating habits as the students explore and utilize the basic culinary skills needed to produce a meal. The course work will identify the knowledge and skills needed to compose a nutritious and healthy diet. The students will evaluate the classroom recipes to insure the recipes are part of a healthy diet. The course will illustrate to the students how design a recipe as they create their own recipes.

The 21st century skills of teamwork, cooperation, and compromise will be demonstrated and integrated as they work in the food lab kitchens. The course work is design to the students to examine a task and organize the group to finish the task in the class period time frame.

Personal finance skills will be introduced as the student budget a meal and determine the cost of the recipes. The students will differentiate between homemade, ready to make and commercially prepared foods for the price and nutritional value of each.

Early Childhood Development Course

In this course the students will develop their knowledge of what are the stages of a child's development, as they analyze the research sources of the information. The course will develop the students' ability to gather and analyze data as the students observe and teach preschoolers. The subject matter of this course will allow the students to reflect on environmental factors that impact of a child's development.

The course operates a preschool playgroup which allows the students to apply the information from the class to real life situations. The teaching activities will be based on the developmental abilities of the typical three and four year old.

Family Consumer Science

The Family Consumer Science overview course will provide the students will hands on practical experience to the concepts of personal finance. The students will develop their individual management and goal setting knowledge as they explore various life choices. The course will provide an overview of the following career topics:

Interpersonal relations/ Family Relations

Food and nutrition

Clothing construction, design and consumer marketing

Interior design

College selection

Career planning

Basic budgeting

